

Class:- 1st, E.V.S.

L-1 , Copywork

Word - Meaning

1) Body - शरीर

2) Waist - कमर

3) Outside - बाहर

4) Thigh - जांघ

5) Part - भाग

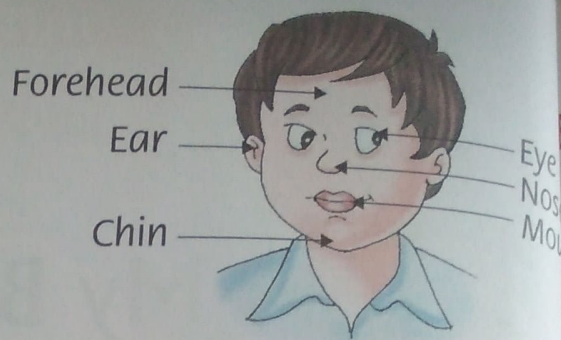
6) Recognize - पहचानना

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Name of the body parts :-

- 1) Eye**
- 2) Nose**
- 3) Ear**
- 4) Head**
- 5) Arm**
- 6) Leg**
- 7) knee**
- 8) Toe**

The face is the front part of the head. We recognize people by their face.



Fact File

- Our body is a living machine.
- Our nails and hair grow all the time.

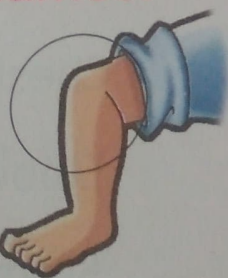


Things to Remember

- Each part of our body has a name.
- Each part of our body is useful.



A. Identify the following body parts and complete their names.



This is k n e e.



This is h e a d.



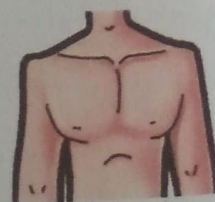
This is f e e t.



This is a a m.



These are l e g s.



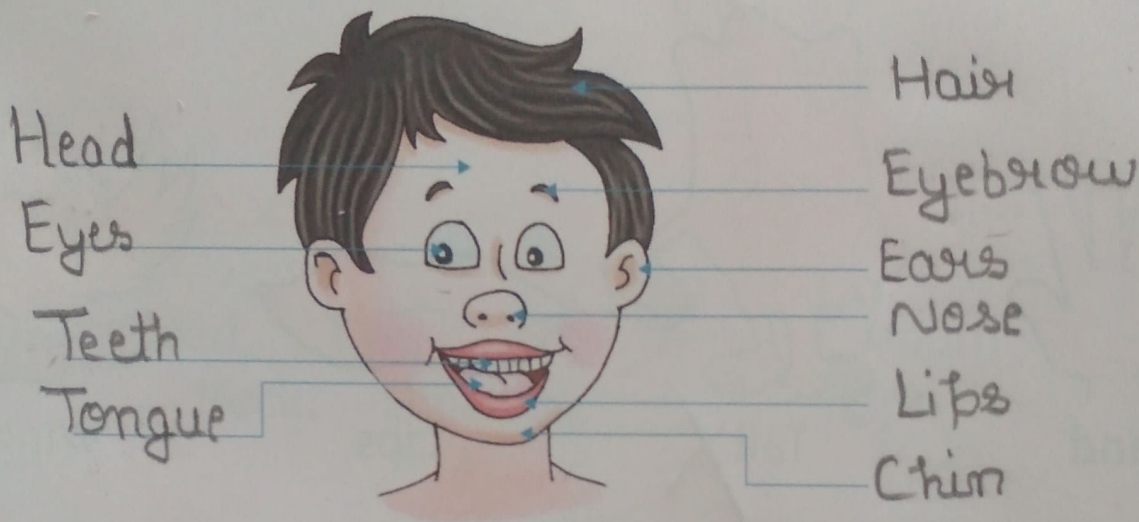
This is c h e s t



B. How many do you have? Write in the given space.

- | | | | | | |
|----------|---|------------|----|---------|---|
| 1. Hands | 2 | 2. Feet | 2 | 3. Nose | 1 |
| 4. Eyes | 2 | 5. Fingers | 10 | 6. Legs | 2 |
| 7. Ears | 2 | 8. Mouth | 1 | 9. Head | 1 |

C. Here is a picture of the face. Write the name of each part at the right place.



D. Answer the following questions.

1. How many legs do you have?

Two

2. How many ears do you have?

Two

3. What is the colour of your hair?

Black

4. Count and write the number of teeth in your mouth?

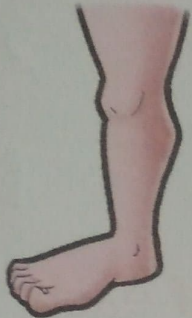
(Do yourself)



Brain Sharpening Questions

BSQs

1. Cross (X) the body parts that do not belong to you.



Leg



Horn X



Paw X



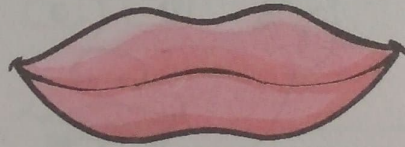
Fin X



Hand



Tail X



Lips



Wings X



Life Skills

A. Taking care of the Body:

We should take proper care of our body. Tick (✓) the activities you do to take care of your body.

- a. I take bath everyday.
- b. I brush my teeth twice a day.
- c. I cut my nails regularly.
- d. I eat junk food.