

**2nd Class, E.V.S.**

**L-2 , Copywork**

## **Word - Meaning**

**Inside - अंदर**

**Help - मदद**

**Stomach - पेट**

**Shape- आकार**

**Injury - चोट**

**Blood - खून**

**Heart - दिल**

**Bone - हड्डी**

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## **Question- Answer**

**Q1- External parts of the body:-**

**Ans- Arm**

**Leg**

**Ear**

**Nose**

**Head**

**Q2- Internal parts of the body:-**

**Ans- Brain**

**Heart**

**Lungs**

**Stomach**

**Kidney**

# **2nd Class, E.V.S.**

## **L-2 , Copywork**

**Q3- What do you mean by external parts of the body ?**

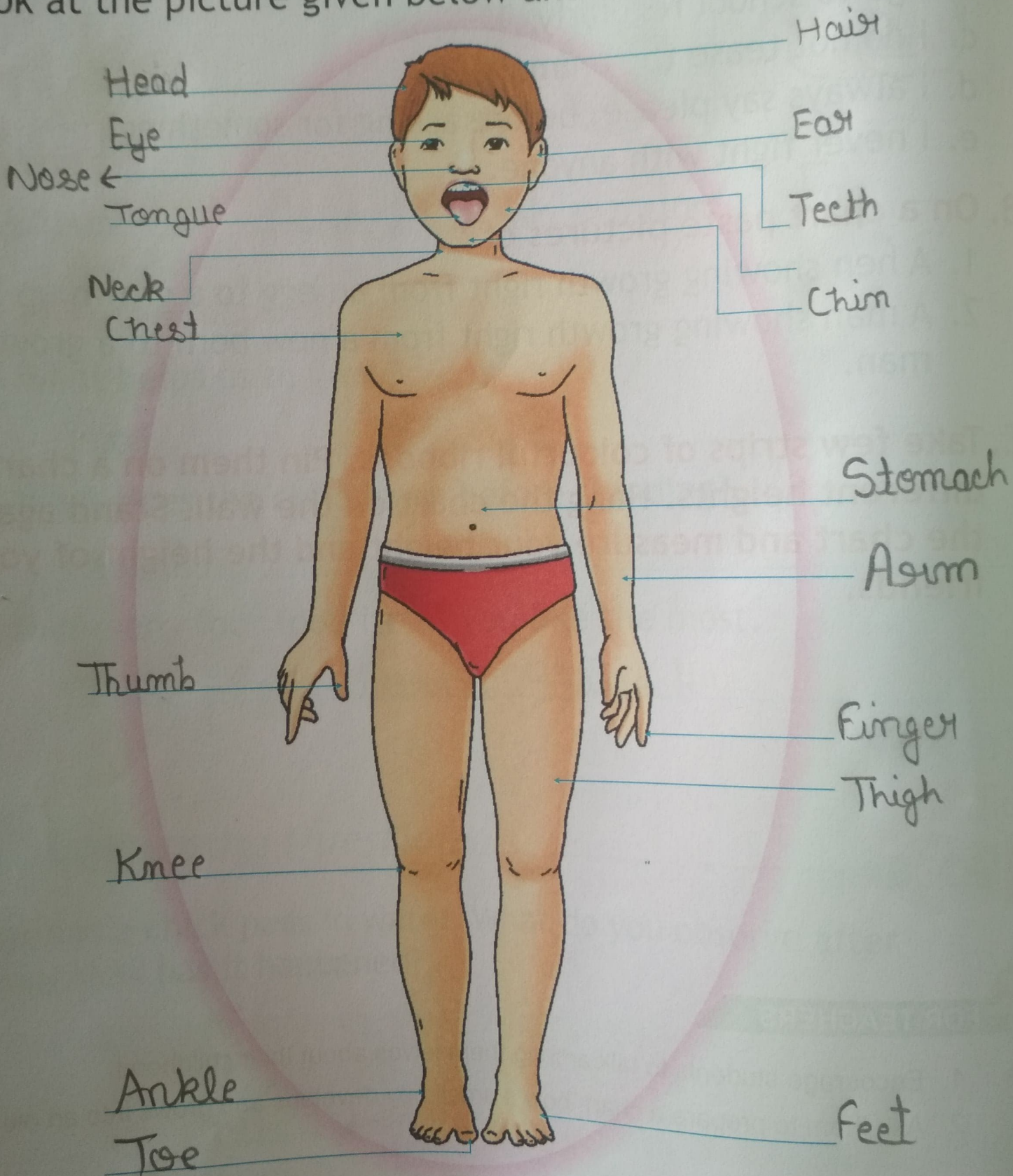
**Ans- The parts of the body that can be seen from outside are called the external parts.**

# 2



# My Body

Look at the picture given below and label its different parts





## Fact File

- There are 206 bones and more than 600 muscles in a full grown body.
- Our Heart beats 72 times in a minute.



## Things to Remember

- The parts of the body that can be seen from outside are called the external parts.
- The parts of the body that are inside the body and cannot be seen from outside are called the internal parts.



### A. Multiple choice questions (MCQs).

Choose the correct answer from the following.

1. Which of these parts is an external body part?  
a. Lungs                      b. Tongue                      c. Heart
2. This body part pumps blood to different parts of the body.  
a. Heart                      b. Lungs                      c. Kidneys
3. The brain helps to  
a. think                      b. breathe                      c. digest
4. This body part is situated inside the rib cage.  
a. Liver                      b. Lungs                      c. Brain

**B. Fill in the blanks.**

1. Brain is found inside the bony skull.
2. Heart is situated in the middle of the chest.
3. Kidney helps to remove the impurities from blood.
4. Bones and Muscles give shape to the body.

**C. Write (T) for true and (F) for false statement.**

1. Lungs help us to breathe.
2. Internal body parts can be seen from outside.
3. Food is digested in the stomach.
4. Muscles give shape to the body.

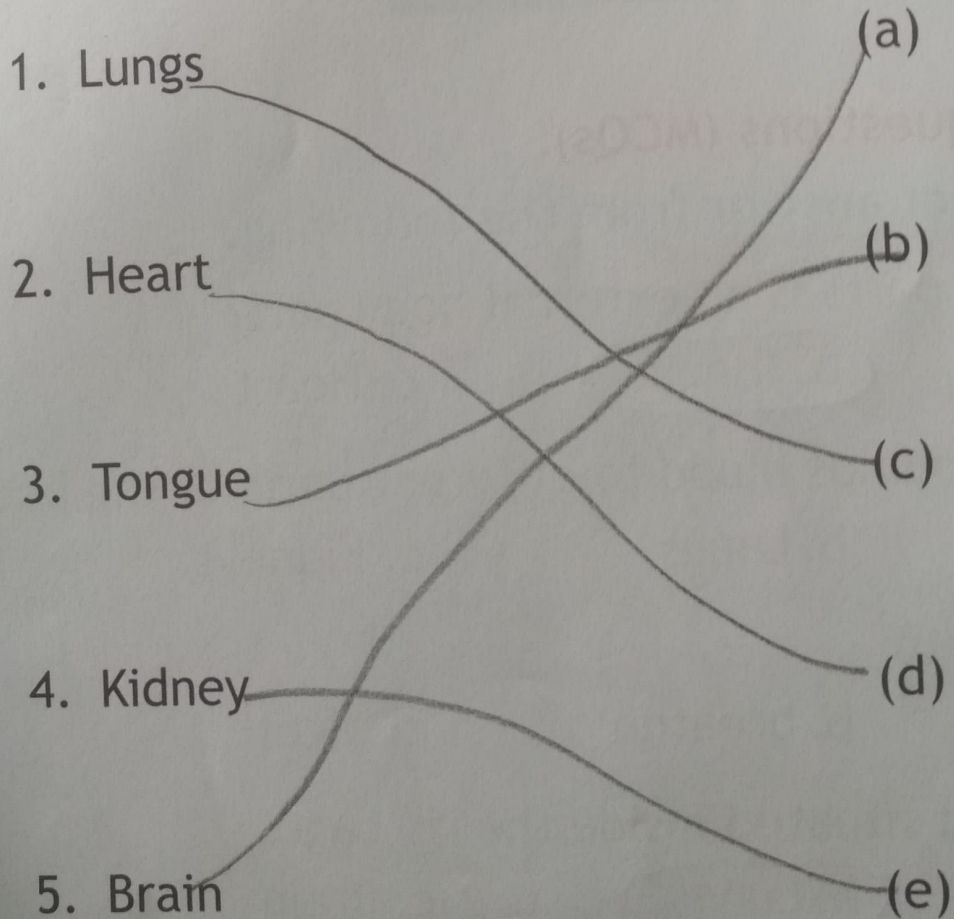
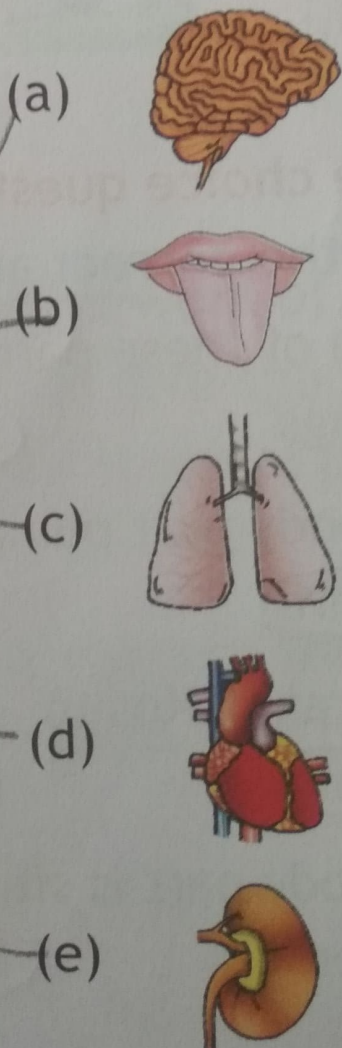
T  
F  
T  
T

**D. Match the following columns:**

**Column-I**

1. Lungs
2. Heart
3. Tongue
4. Kidney
5. Brain

**Column-II**



### E. Answer the following questions:

1. What do you mean by the external parts of the body?

The part of the body that can be seen from outside

2. Name any four external parts of the body.

Arms, Legs, Ears, Nose

3. Name any three internal parts of the body.

Lungs, Heart, Liver

4. How does the heart help us?

It pumps blood to different parts of the body.

### Brain Sharpening Questions

BSQs

1. What does the blood inside the body do?
2. If you happen to touch a hot object, you immediately remove away your hands. Which part of the body helps you to do so?



### Life Skills

#### A. Live together

Our body is the best example to live and work in harmony. All the body parts work in co-ordination. Whole of the body gets effected, if even one part does not function properly.

**In the same way we all should live and work together.**

- a. Be friends with your classmates.
- b. Share your things and tiffin with your classmates.
- c. Be polite to your neighbours.
- d. Help your neighbours whenever they require your help.
- e. Help your parents and your brothers/sisters at home.
- f. Avoid fights with anyone.