



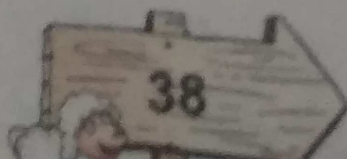
A. Tick (✓) the correct word given in the brackets.

1. We get milk from ( plants/animals ).
2. Plants give us ( fruits/eggs ).
3. ( Fish/Burger ) helps in the growth of your body.
4. ( Cheese/Chess ) is a product of milk.

B. Fill in the blanks with the words given in the box.

fresh      energy      healthy      cereal      water

1. Food keeps us healthy.
2. We should drink plenty of water.
3. Wheat is a cereal.
4. Food gives us energy.
5. We should eat fresh food.



Match the following columns and make pairs.

- |          |   |           |
|----------|---|-----------|
| 1. Rice  | → | (a) Hen   |
| 2. Milk  | → | (b) Goat  |
| 3. Meat  | → | (c) Plant |
| 4. Egg   | → | (d) Bee   |
| 5. Honey | → | (e) Cow   |

Write (T) for true and (F) for false statements.

- |                                                        |                          |   |
|--------------------------------------------------------|--------------------------|---|
| 1. Food helps us to grow.                              | <input type="checkbox"/> | T |
| 2. Junk food is good for our health.                   | <input type="checkbox"/> | F |
| 3. We should eat green vegetables.                     | <input type="checkbox"/> | T |
| 4. We should drink only two glasses of water in a day. | <input type="checkbox"/> | F |

Answer the following questions.

1. Name two things...

from milk

Che

products made